



WLVNA

MARCH 2026

QUARTERLY NEWSLETTER

SPRING 2024

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*Empowering women and girls
to lead and excel*

**AGURA
TWERE
ERUN**

QUARTERLY NEWSLETTER



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FROM THE PRESIDENT'S DESK

Patience Edremoda



Honor to Itsekiri Women

As we commemorate Women's History Month in this inaugural 2026 edition, may we continue to uplift the voices and accomplishments of Itsekiri women, past and present. I extend my sincere appreciation for their steadfast commitment and for the invaluable work they have done—and continue to do—in advancing our communities.

Together, we move forward with unity, purpose, and resolve.

As we open this first edition of 2026 in observance of Women's History Month, I extend warm greetings to all members, partners, and friends of the Warri Ladies Vanguard North America (WLVNA). This moment invites us to reflect on the enduring impact of Itsekiri women across generations—women whose leadership, scholarship, service, and courage have fortified our communities and advanced the Itsekiri nation.

In a global climate where women's visibility and progress are increasingly challenged, our resolve to safeguard, elevate, and amplify the narratives of Itsekiri women remains steadfast. We honor the trailblazers who cleared the path before us, and we proudly recognize the remarkable women who continue to lead, innovate, and advocate today.

This quarterly newsletter is dedicated to documenting these contributions with clarity, dignity, and purpose. It stands as both a celebration and a call to action—an invitation to ensure that the achievements of Itsekiri women are preserved, amplified, and expanded for generations to come.



PROFILING ITSEKIRI WOMEN

Chief Florence Elemi Rewane

- The Ejumotan of Warri)



It was Shakespeare who observed in Twelfth Night that “some are born great, some achieve greatness, and some have greatness thrust upon them.” In the life of Chief Florence Elemi Rewane, all three dimensions of greatness converged. She was born into distinction, she rose through personal merit, and history itself placed greatness upon her shoulders.

HER ANCESTRY

Paternal Lineage

Chief Florence hailed from the illustrious Ologbotsere family of Warri, through her father Chief Rewane Jemide Diare (Osague of Warri; 1876–1977).

Maternal Royal Descent

Through her paternal grandmother **Princess Mene**, Chief Florence also descended from the **Iyatsere family**, the second-highest chieftaincy title in Warri Kingdom.

Princess Mene was the daughter of **Prince Numa**, whose mother was **Princess Uwala Erejuwa**, daughter of **Olu Erejuwa I (1760–1795)**.

A Visionary Founder

The clinic was established by **Chief Florence Elemi Rewane**, a UK-trained professional nurse whose career spanned more than 65 years. She named the facility in honor of her paternal grandfather, a revered royal ancestor. Chief Rewane is widely credited with founding what is often regarded as the **first maternity hospital in the region**, creating a medical and social hub that served generations.

A Legacy That Endures

Although Chief Rewane passed away in 2021 at the age of 90, her impact remains deeply woven into the cultural memory of Warri. Numa Clinic stands as a testament to her courage, excellence, and trailblazing leadership in women’s healthcare.

Celebrating Her This International Women’s Month

As the world honors women who have shaped history, we proudly celebrate **Chief Florence Elemi Rewane—the Ejumotan of Warri**—a woman whose vision transformed maternal care and whose legacy continues to inspire communities across the Niger Delta and beyond.



What is going on at
WLVNA?



OUR SKILLS ACQUISITION PROGRAM



Setting the stage
for the Class of
2025's
graduation

“Itsekiri Language Initiative”

**TEACH
ITSEKIRI**



COMING UP

OUR VOICE... OUR WELLNESS

WLVNA HEALTH SUMMIT



Your Health Your Wealth



With Dr. Emo

What Every Woman Should Check After Age 40

Dear Sister,

Turning 40 is an ideal time to check in with your health. Our bodies change subtly at this stage, and catching these shifts early can make a significant difference in your long-term well-being.

I recommend starting with the basics: blood pressure, cholesterol, and blood sugar. These metrics provide a clear picture of your health, even when you feel fine. If you are experiencing poor sleep or mood swings, these may be signs of perimenopause; please know that you do not have to "tough it out."

It is also important to stay current on mammograms and Pap smears, and to consider a bone density scan if appropriate. Finally, do not ignore your mental health; stress and burnout can significantly impact your energy levels and sleep quality.

Please listen to your body and prioritize these essential screenings. Taking these simple steps will help you stay healthy and in control for years to come.

Best regards,

**Dr. Emolebi Akpojotor,
DNP, APRN, MBA**